



# Cyclone Update

March 2021

**Now Open!**



We are excited to announce that the 2021 Grad Hoodies are now available. Visit our Grad Hoodies store by [Clicking HERE](#)

OPEN TILL MARCH 10TH



## Important Dates

March 12<sup>th</sup> Progress Reports  
April 2<sup>nd</sup> Holiday  
April 4<sup>th</sup> Holiday  
April 12<sup>th</sup> – 16<sup>th</sup> Spring Break  
April 23<sup>rd</sup> Mid-Term Reports

Check out [elcrossley.dsbm.org](http://elcrossley.dsbm.org) daily for updates!

2020-2021 PARENT INVOLVEMENT COMMITTEE  
**VIRTUAL SPEAKER SERIES**

**LESSONS FROM COVID-19: TECHNOLOGY USE AND TEENS' MENTAL HEALTH**  
WITH NATASHA PARENT, PHD  
RESEARCHER AT THE UNIVERSITY OF BRITISH COLUMBIA  
WEDNESDAY, MARCH 10, 2021 • 6:30PM - 8:00PM

DSBN Parent Involvement Committee

The Parent Involvement Committee (PIC) kicks off March with Natasha Parent, a doctorate researcher from University of British Columbia, on Wednesday, March 10th at 6:30p.m. Natasha will explore how COVID-19 has impacted teens mental health, while highlighting the role of technology use and screen time in fostering their feelings of connection to others. Applying a developmental framework, we will discuss how using technology can help teens meet their social goals and contribute to their overall wellbeing, while also touching on how to identify those who may be at risk. In addition, this webinar will feature some useful tips on how to help teens navigate their screen time and discuss some of the cutting-edge work that's currently being done in the field.

Please go to <https://www.dsbm.org/pic/speakerseries.html> to register.

## DSBN Equity, Inclusion and Anti-Racism Community Advisory Committee

DSBN is committed to identifying and eliminating all forms of discrimination and systemic barriers. A part of our vision is to create a culture of transformative and impactful change through an inclusive design that uses an asset-based lens of our students and is anchored in anti-oppression, anti-racism, and human rights. In support of this commitment to creating an inclusive environment in our schools, the DSBN has established the **Equity, Inclusion and Anti-Racism Community Advisory Committee (EIARCAC)** to draw in the participation of families and our communities.

The DSBN Equity, Inclusion and Anti-Racism Community Advisory Committee meets following a quarterly schedule determined by the Committee. As a Committee Member, you will be providing advice and feedback using anti-oppressive, anti-racist and human rights lenses to ensure that decisions, policies and practices do not create barriers to Black, Indigenous, Racialized, Two-spirit and LGBTQIA+ and other groups marginalized by societal structures.

The committee is inviting applications from:

- students
- parents/guardians/caregivers
- community representative from human rights and equity-focused organizations, alliances and/or networks that serves Black, Indigenous, Racialized communities, Two-spirit and LGBTQI2S+ communities, ethno-cultural communities, and people with disabilities

This position is a two-year term and ends on June 30, 2022. Please see more details in the letters below: [Click Here to Apply](#)

Please see an updated communication below from Niagara Region Public Health related to COVID-19 for children in school and child care.

**NEW SCREENING CRITERIA**



If a child has **one or more** of the following **new or worsening** symptoms:

- Fever
- Cough
- Runny nose or stuffy/congestion
- Decrease or loss of taste or smell
- Sore throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue, extreme tiredness or muscle aches

They must **self-isolate at home** immediately and either:

- Contact their health care provider for a medical assessment  
**OR**
- Contact the Niagara Health COVID-19 Assessment Centre to book an appointment for testing, this can be done [on-line](#) or by calling Niagara Health at 905-378-4647 ext. 42819

**TESTING AND RETURN TO SCHOOL**

Children who need an assessment for testing based on their symptom(s) are **NOT** allowed to return to school/child care, or go to any public setting until one of the following has happened:

- A health care provider has told you that a test for COVID-19 is not needed.  
**OR**
- The child had a test that was negative for COVID-19. They may go back to school/childcare 24 hours after fever, shortness of breath, sore throat, and headache have all gone away without use of fever reducing medications **AND** any other symptoms are improving.  
**OR**
- If your child is not assessed by a health care provider, and testing for COVID-19 was declined for any reason, we must assume the child has COVID-19 and the child is to self-isolate for 10 days (away from household members) **AND** all household contacts are to stay home and self-isolate for 14 days.  
**Note:** Ten days after symptoms start, children can return to school/child care as long as they don't have a fever (without use of fever reducing medication) and they are feeling better.  
**OR**
- A health care provider has told you that the symptom(s) are related to a chronic or pre-existing condition (e.g., allergies, post-nasal drip, migraines, asthma). In this case, your child can return to school/child care once they feel well enough, without waiting for symptoms to go away.

## **RE-TESTING**

Individuals who previously tested positive for COVID-19 generally can discontinue isolation after 10 days from symptom onset (or 10 days from positive test collection date if patient never had symptoms), provided that the individual has no fever (without the use of fever-reducing medications) and symptoms are improving for at least 24 hours. As individuals can test positive for weeks after infection, re-testing of prior cases is not recommended for return to school/childcare unless requested by Public Health.

## **SIBLINGS AND OTHER HOUSEHOLD MEMBERS LIVING WITH A SYMPTOMATIC CHILD**

- If a test is recommended by a health care provider for the symptomatic child, or a decision is made to get testing at an assessment centre, all household members are to self-isolate, until the test results are back. If the test is negative, household members can leave self-isolation.
- If testing for COVID-19 is declined for any reason, your child and your entire household must stay home and self-isolate. The child is to self-isolate for 10 days (away from household members, when possible) and all household contacts are to stay home and self-isolate for 14 days.

**NOTE:** If self-isolation away from household members is not possible, household members are to remain in self-isolation for 14 days from last exposure to the symptomatic child. If household members become symptomatic, they should consult their health care provider and/or go for testing.

- If the test is positive, household members must stay in self-isolation and will receive further direction from Public Health.
- If a health care provider advises that a test for COVID-19 is not needed, household members can leave self-isolation.

## **SIBLINGS OF AN ISOLATING COHORT (Your child that has been sent home due to an exposure in their classroom setting)**

- Siblings who are not contacts, but are household members of an isolating cohort, may continue to attend school as long as they, and all household members, remain symptom free.

For more COVID-19 information go to [www.niagararegion.ca](http://www.niagararegion.ca) or you may contact the Public Health COVID-19 Info-Line at **905-688-8248, press 7**.